

breakfast & lunch -menu-

ALL ITEMS
AVAILABLE
TO TAKEAWAY



Welcome to the Poolside Cafe & Bar

Please take a seat and choose what you would like to order from this menu.
Once you have made your selection please place your order at the counter.

poolside
cafe • bar 

breakfast menu ~ SERVED FROM 6:30AM ~

BIG BREAKFAST \$17.50

A choice of softly poached, scrambled or fried eggs, bacon, roast tomato, sautéed mushroom, hash brown and chipolata sausage on toasted sourdough

ASTRO'S GOURMET BREAKFAST \$16.50

Crispy grilled prosciutto ham, fresh avocado, softly poached eggs, stacked on toasted sourdough, served with a grilled tomato and finished with hollandaise sauce

HEALTHY CHOICE \$15.00

Toasted sourdough boat filled with our chef's smokey tomato bean mix topped with scrambled eggs and avocado wedges

PARADISE EGGS BENEDICT

Toasted English muffin, two soft poached eggs with hollandaise sauce

With Smoked Ham \$15.00
With Bacon \$15.50
With Salmon \$16.00

PARADISE OMELETTE

Feta and mozzarella cheese, tomato, spanish onion and sautéed mushrooms

With Shaved Ham \$14.00
With Bacon \$14.50
With Smoked Salmon \$15.00

IT'S BACK IT'S A WRAP

Smoky bacon, scrambled egg, spinach, diced tomato, mozzarella cheese all wrapped in tortilla bread and toasted on the flat grill. Served with a wild tomato chutney \$15.50

BACON & EGGS \$13.50

Fried eggs with bacon on toasted sourdough

FRENCH CANADIAN TOAST \$14.50

Egg infused sourdough bread, grilled and served with crispy bacon and maple syrup

BANANA BREAKFAST DREAM \$13.50

Fresh banana halved and grilled served atop toasted banana bread with vanilla bean yoghurt, mixed berries, honey and dusted with cinnamon sugar

BUTTERMILK PANCAKES \$11.00

Served with sweet berry compote, cream and a side of maple syrup (v)

WAFFLES \$11.00

Served with sweet berry compote, cream and a side of maple syrup (v)

SPAGHETTI OR BAKED BEANS \$9.50

Choice of spaghetti or baked beans served with chipolata sausages on toasted sourdough

BACON & EGG BURGER \$9.50

Fried egg, bacon and cheese with B.B.Q sauce on a burger bun

KIDS BACON & EGG BURGER \$5.00

Fried egg, bacon and cheese with B.B.Q sauce on a burger bun

FRESH FRUIT \$9.50

Served with fresh yoghurt (v)

CROISSANT \$6.00

Filled with shaved smoked ham and melted cheese

BIRCHER MUESLI \$9.50

Served with fresh yoghurt and sweet berry compote (v)

EXTRA'S

Toast \$4.50

Wholemeal, multigrain, white or raisin toast. 2 slices served with butter and a choice of spreads

Hash Browns \$4.00

Two golden fried hash browns

Gluten Free Bread \$5.00

2 slices served with butter and a choice of spreads

BREAKFAST DEAL

For Kids!

Ages 0-12yrs

CEREAL

coco pops
rice bubbles
corn flakes
just right

OR

TOAST

white
wholemeal
fruit loaf

FRUIT JUICE

orange
apple
pineapple
tomato

\$7!

lunch menu

~ SERVED FROM 10:30AM ~

salads

GARDEN SALAD	\$12.00
<i>Fresh mesclun lettuce, tomatoes, cucumber, olives and a light Italian dressing</i>	
BETROOT SALAD	\$15.00
<i>Balsamic roasted beetroot, feta, pumpkin and rocket salad</i>	
CAESAR SALAD	\$16.00
<i>Cos lettuce tossed with croutons, parmesan, bacon and dressing with poached eggs</i>	
THAI BEEF SALAD	\$19.50
<i>Served warm with mesclun, rocket, Asian greens, chilli and cashews</i>	
SMOKED DUCK SALAD	\$24.00
<i>Smoked duck breast, maple beetroot orange pieces, cherry tomatoes, crunchy sweet pistachio nuts and goats cheese mixed with rocket and mesclun salad served with a tangy dressing</i>	
Add grilled chicken	\$4.00
Add grilled lamb	\$4.00
Add smoked salmon	\$4.00
Add garlic prawns	\$6.00
Add grilled lobster (110gm)	\$10.00

light meals

CRUNCHY BEER BATTERED CHIPS (V)	\$8.00
POTATO WEDGES (V)	\$10.00
<i>Crispy potato wedges served with sides of sour cream and sweet chilli sauce</i>	
BEER BATTERED ONION RINGS	\$10.00
<i>Served with kaffir lime aioli</i>	
CRISP SWEET POTATO CHIPS	\$12.00
<i>Served with peri peri mayonnaise</i>	
CHEESE PLATTER	\$18.50
<i>Willow Grove double brie and camembert, mature top paddock cheddar and fig paste accompanied with lavash and Turkish bread</i>	
ANTIPASTO PLATTER	\$24.00
<i>Roasted Mediterranean vegetables-zucchini, capsicums, eggplant, sun-dried tomatoes, mushrooms and olives, feta cheese, guacamole and hummus dips, prosciutto, salami, chorizo sausage (spicy), Turkish and flat bread</i>	

Kids Menu

Ages 0-12yrs



- Spaghetti Bolognese
- Penne Bolognese (g)
- Crumbed Starfish and Chips
- Cheese Burger and Chips
- Chicken Tenderloins with Brown Rice and Seasonal Vegetables (g)
- Mini Steak w/ potato Gems and Seasonal Vegetables
- Margherita or Hawaiian Pizza
- Chicken Nuggets and Chips

mains

PARADISE BEEF BURGER	\$17.00
<i>Lettuce, tomato relish, bacon, onion, tasty cheese, fried egg and chips</i>	
CHICKEN SCHNITZEL BURGER	\$17.00
<i>A chicken schnitzel, cos lettuce, bacon, parmesan cheese, peri peri mayonnaise and chips</i>	
STEAK SANDWICH	\$17.00
<i>Grilled tender beef, shredded lettuce, tomato, cheese, fried onion and chips</i>	
CHICKEN SCHNITZEL	\$22.00
<i>House crumbed fresh chicken breast, served with beer battered chips and salad</i>	
CHICKEN PARMIGIANA	\$24.00
<i>House crumbed fresh chicken breast with tomato salsa, ham and mozzarella, served with beer battered chips and salad.</i>	
SALT & PEPPER CALAMARI	\$22.00
<i>Served with chips, salad, tartare sauce and lemon</i>	
FISH & CHIPS	\$22.00
<i>Tequila lime battered flathead, salad, tartare sauce and lemon</i>	
ORIGINAL NACHOS	\$17.50
<i>A mounded plate of crisp corn chips smothered with melted cheese. All baked then topped with guacamole, sour cream and mild salsa (g) (v)</i>	
Add Chilli Con Carne - Beef mince and beans (g)	\$2.00
Add Tandoori Chicken (g)	\$2.00
RUMP STEAK	\$48.00
HUNGRY FOR ONE OR PERFECT TO SHARE BY TWO	
<i>750g MSA grainfed rump steak served with salad, chips and a mushroom sauce</i>	

pizzas

~ SERVED UNTIL 10PM ~

MARGHERITA	\$14.00
<i>Oregano, extra mozzarella, tomato base (g) (v)</i>	
HAWAIIAN	\$17.50
<i>Smoked leg ham, pineapple and mozzarella, tomato base</i>	
BOMBAY BLISS	\$18.50
<i>Mozzarella, tandoori chicken breast, baby spinach topped with a dollop of tzatziki, tomato base (g)</i>	
MARINARA	\$19.50
<i>Prawns, mussels, octopus, red onion, basil and mozzarella, tomato base (g)</i>	
AUSSIE	\$17.50
<i>Smoked leg ham, bacon, red onion, egg and mozzarella, tomato base</i>	
MEATLOVERS	\$19.00
<i>Hot salami, bacon, chicken fillet slices, smoked pork sausage, red onion, mozzarella and bbq sauce, tomato base (g)</i>	
MEG'S PIZZA	\$18.50
<i>Spinach, chicken, mozzarella, avocado, mushrooms, bacon and hollandaise sauce</i>	

SMOKED SALMON	\$19.50
<i>Baby spinach, salmon, capers, red onion, cracked pepper, mozzarella and horseradish cream, tomato base (g)</i>	
CAPRICCIOSA	\$16.50
<i>Leg ham, mushrooms, Kalamata olives, anchovies and mozzarella, tomato base</i>	
B.B.Q CHICKEN	\$18.50
<i>Baby spinach, chicken fillet slices, bacon, mushrooms, red onion, mozzarella and bbq sauce, tomato base</i>	
PARADISE SPECIAL	\$17.50
<i>Hot salami, pork sausage, red onions, sliced tomato, roasted capsicum, mushrooms and mozzarella, garlic base</i>	
GODFATHER	\$18.50
<i>Hot salami, roasted capsicum, jalapenos and mozzarella, tomato base</i>	
SUPREME	\$18.50
<i>Hot salami, bacon, onions, capsicum, mushrooms, olives and mozzarella, tomato base</i>	

g Pizzas marked with (g) are available on a gluten free base on request

v Suitable for vegetarians

half / half
FOR ONLY \$1 EXTRA SPLIT YOUR PIZZA

GOURMET PIZZAS \$22.00

MEDITERRANEAN LAMB

Roasted pumpkin, mushrooms, olives, red capsicum, feta, mozzarella cheese and lamb strips served with a tzatziki sauce (g)

GOURMET CHICKEN

Crumbed Tasmanian goats cheese, roasted sweet potato, caramelised onion, tomato with tender chicken breast and baby rocket (g)

VEGETARIAN

Roasted zucchini and eggplant, red capsicum, spinach, mushrooms, sun-dried tomato, olives, pumpkin, feta and basil pesto and baby rocket (g) (v)

FOOD ALLERGIES

Please be aware that all care is taken when catering for special requirements. It must be noted that within the premises we handle nuts, seafood, shellfish, sesame seeds, wheat flour, eggs, fungi and dairy products. Customers requests will be catered for to the best of our ability, but the decision to consume a meal is the responsibility of the diner.

takeaway

~ AVAILABLE DAILY ~

For your convenience, all items on this menu are available for Takeaway. Please ask the staff at the counter for more information.

PUBLIC HOLIDAY SURCHARGES:

Customers are advised that in order to ameliorate the high costs of doing business on public holidays, a surcharge of 15% applies to all restaurant accounts on those days